

# AT HOME ACTIVITIES

## RAINY DAY BOREDOM BUSTERS

### PRACTICAL LIFE

1. Feed the animals
2. Help with cooking
3. Scrub tables
4. Sweep the floors
5. Dress themselves
6. Match and Fold socks
7. Fold wash cloths
8. Set the table
9. Dust and clean



### SENSORIAL ACTIVITIES

1. Build with blocks
2. Sort objects by color or size
3. Smell spices and guess what it is
4. Memory games
5. Identify shapes in your house
6. Listen for sounds in your house and identify
7. Match paint swatches from Home Depot



### WRITING GAMES

1. Stencils
2. Trace objects from house, first try tracing their hand
3. Practice writing their name
4. Color or pain to decorate the fridge or their bedrooms
5. Have them draw a picture and dictate or write a story
6. Draw/Write a card each day and post it to friends and family

### LEARN A NEW LANGUAGE

1. Read stories and talk about them
2. Write words and say them out loud. Have them put the label on the object
3. Have conversations about topics they like



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### MATH GAMES

1. Count together, depending on level by 1's, 2's, 5's, and 10's Try to make it to 100!
2. Dice game... roll two dice, count each dice and write down...  $3 + 6$ , then count both dice together to get your answer.  $3 + 6 = 9$ . Have them write on paper that is attached
3. Measure things in your house. How many steps do you have? How long is the couch?
4. Using number cards, find that many objects, legos, etc. to go with the number
5. Practice writing numbers
6. Depending on ability practice recognizing numbers
7. Practice reading page numbers in books
8. Build with blocks/Assemble lego kits/build with mega blocks



### CULTURAL/SCIENCE ACTIVITIES

1. Let them experiment with water for sink and float. Have them find objects from around the house to use. Have them make a guess whether it will sink or float. Then try.
2. Take a nature walk. See how many colors you find in nature. Take a magnifying glass or binoculars.
3. See how many different birds you have at your house. Make a list together. If the child can write let them write the list.
4. Draw a picture of the bird they like best. If able write a sentence about the bird they found.
5. Talk about continents. Look at maps. Talk about places you have been or would like to go.
6. Practice saying a few words in a new language.
7. Set up a bean bag toss

